Research Article

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Comparative Evaluation of Total Phenolics, Total Flavonoids Content and Antiradical Activity in Six Selected Species of Family Rosaceae Using Spectroscopic Method

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Abstract

The current study aims to investigate the total phenolics, total flavonoids content in addition to radical scavenging activity in six selected species of Family Rosaceae. Double Maceration Technique was adopted for extraction process. Results indicated the presence of phytochemicals in three species i.e. *Pyrus communis, Prunus armeniaca & Malus pumila* while absence of alkaloids and terpenoids was reflected in other three species i.e. *Prunus persica, Prunus domestica & Fragaria vesca*. Maximum Phenolic and flavonoids content was found in *Fragaria vesca* (leaf) using 70% ethanol as a solvent. All the tested plant species exhibited DPPH anti-radical properties however *Prunus domestica* (Leaf) 96.06±0.57 possessed maximum antioxidant potential with IC50 value of 0.236±0.001 mg/mL using Graph pad Prism 5.04 software. Ethanolic extracts gave preferable results and have the potential in extracting phytochemicals; these phytochemicals played tremendous role in treating multiple disorders including anticancer, antidiabetic and neurological disorders like Alzheimer or Dementia.

Keywords: Polyphenolics, Flavonoids, Half maximal inhibitory concentration (IC50), Phytomedicine

Introduction

Polyphenolics like phenolics and flavonoids exhibit diversify range of biological activities. These Phyto-compounds play a defensive role against antimicrobial diseases [1]. Fruits are the enrich source of polyphenolic compounds and utilization of fruits have showed a significant role in curing countless human disorders [2]. All the selected species of Family Rosaceae possessed therapeutic importance i.e. Pyrus communis aerial and flowering parts are a source of traditional medicine as they exhibit anti-inflammatory properties. [3] Prunus armeniaca possessed wound healing properties in normal rats, Prunus armeniaca is the enrich source of natural antioxidant and play an important role against cardiovascular diseases, anti-microbial as well as skin related issues [4], Malus pumila possessed polyphenols that have beneficial effects on health, such as exhibiting antioxidant activity, antibacterial, anti-inflammatory, anti-radiation, antitumor and anti-obesity effect [5,6], Prunus persica leaf and fruit

exhibited anti-tumor, anti-allergic, anti-inflammatory, anti-oxidant activities [7], *Prunus domestica* possessed various phenolic acids and flavonoids which allow their use as nutraceuticals in current market due to their preventive and therapeutic nature [8], The berries, leaves, and roots of *Fragaria vesca* have all been used as a folk medicine for diarrhea and the stalks for wounds, for cardiovascular diseases like cancer and heart related disorders [9].

Natural antioxidants gain immense importance as they impose less or no side effects in comparison to Synthetic antioxidants. Antioxidants played a significant role in scavenging free radicals as free radicals lead to serious health issues like neurological disorders, Cancer and so on. Natural antioxidants are of great concern for the researchers of this field as they have shown profound results in comparison to synthetic antioxidants [10]. The present study illustrates the qualitative phytochemical screening and quantitative profiling of total phenolics, flavonoids content and anti-radical

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potential of selected six species of Family Rosaceae. Ethanol gave preferable results in comparison to methanol extracts. A significant correlation exhibited between all the parameters which impart a specific and important role in many biological activities. Hence this research provides base line for the use of these plant species in different biological activities which include anti-cancer, anti-diabetic and neurological disorders etc.

Experimental Section

Plant Material

The plant parts (Leaves/Bark/Fruit) of all the selected six species of Family Rosaceae were collected from Jinnah Garden, Lahore in the months of Feb-May (2016), authenticated and identified by Dr. Mir Ajab Ali Khan, Professor Department of Biological Sciences, Quaid-e-Azam University, Islamabad, deposited in the Prem Madan Herbarium of Lahore College for Women

University, Lahore (*Pyrus communis* Voucher No: LCWU-15-123, *Prunus armeniaca* Voucher No: LCWU-15-125, *Malus pumila* Voucher No: LCWU-15-116, *Prunus persica* Voucher No: LCWU-15-124, *Prunus domestica* Voucher No: LCWU-15-99, *Fragaria vesca* Voucher No: LCWU-15-127).

Extracts Preparation

Leaves/ fruit/ bark of selected six species undergo double maceration protocol for the extraction of plant extracts at 21°C via two polar solvents i.e. methanol and ethanol [11].

Phytochemical Screening

Phytochemical screening was performed for alkaloids, phenolic acids, flavonoids, terpenoids and tannins. The color intensity or the precipitate formation was used as analytical responses to these tests (Table 1) [12-19].

Table 1: Phytochemical Screening of six selected species of Family Rosaceae.

Plant species	Results				
	Terpenoids	Alkaloids	Flavonoids	Phenolics	Tannins
Pyrus communis L. (Leaf)	++	++	++	++	++
Prunus armeniaca L. (Fruit)	++	++	++	++	++
Malus pumila Auct. (Leaf)	++	++	++	++	++
Prunus persica L. (Leaf)			++	++	++
Prunus domestica L. (Bark)	++		++	++	++
Prunus domestica L. (Leaf)	++		++	++	++
Fragaria vesca L. (Leaf)	++		++	++	++

Quantitative Detection of Total Phenolics & Flavonoids Content

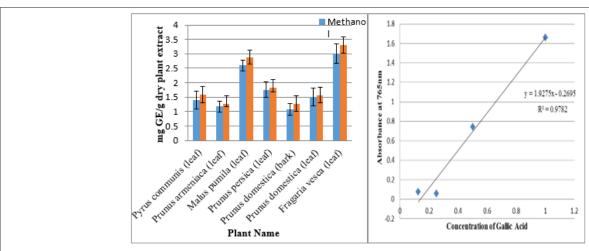


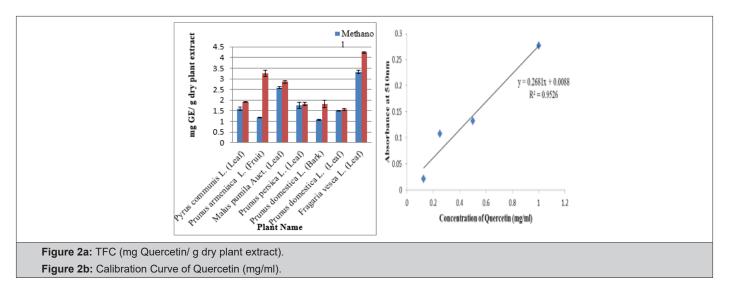
Figure 1a: Calibration curve for Gallic Acid.

Figure 1b: Total phenolic content (mg Gallic acid/g dry plant extract)

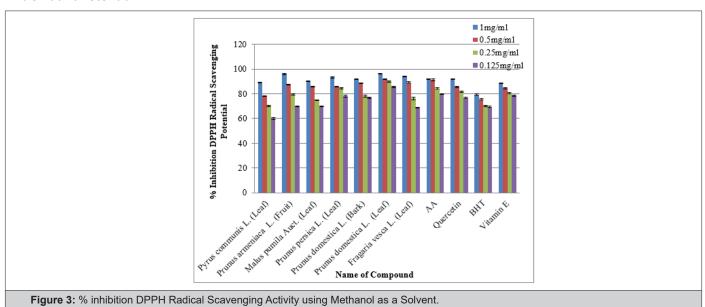
Folin-Ciocalteu (FC) reagent was used to assess total phenolic content in the test sample, phenolics presence in the test sample resulted in formation of blue complex (phosphotungstate-phosphomolybdate) using gallic acid as a standard. Gallic acid calibration curve provides as a baseline for the determination of TPC content [20,21] (Figure 1a & 1b). Aluminium chloride (AlCl₂)

method was used for the detection of total flavonoid content (TFC), on reaction of test sample and aluminium chloride appearance of yellow color is the indication of presence of flavonoids. Quercetin calibration curve was used as a standard for the measurement of flavonoids (Figure 2a & 2b) [22,23].

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Antioxidant Potential



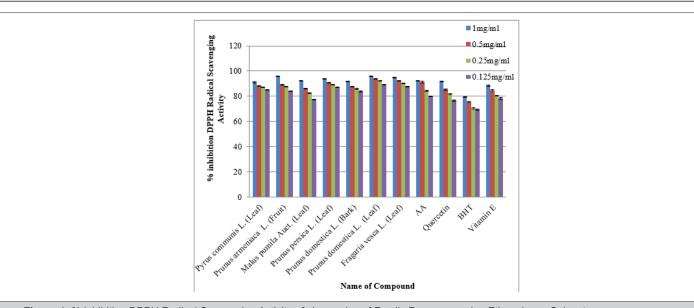


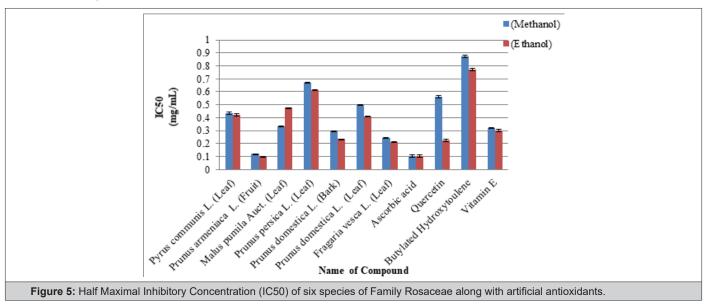
Figure 4: % inhibition DPPH Radical Scavenging Activity of six species of Family Rosaceae using Ethanol as a Solvent

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Methanolic & Ethanolic Leaves/Bark/Fruit extract of selected species of Family Rosaceae was estimated for radical scavenging activity by means of DPPH assay. Tested samples were assessed at four different concentrations i.e. 0.125, 0.25, 0.5 and 1mg/mg/mL. Add $50\mu L$ plant extracts in methanol/ethanol solution of DPPH (5ml of 0.05mM) leave it for half hour then absorbance was

measured at 517nm. Conversion of deep-violet color to light yellow is the clear indication of the presence of antioxidants. Results were compared with the positive control used in the test (Figure 3 & 4) Half minimal concentration was assessed by means of Graph pad prism 5.04 software (Figure 5) [24,25].

Statistical Analysis



Mean \pm Standard deviation of three parallel measurements were done using SPSS software, Microsoft Excel and Graph pad prism Software 5.04 [26].

Results and Discussion

The results were gathered in Table 1. It is noteworthy that the presence of flavonoids, phenolics and tannins in all six species of Family Rosaceae, terpenoids presence was indicated in all the five species which absence of terpenoids was reflected in *P. persica*. However, absence of alkaloids was observed in *Prunus persica*, *Prunus domestica*, *Fragaria vesca* while other three species *Pyrus communis*, *Prunus armeniaca*, *Malus pumila* showed the presence of alkaloids (Table 1).

Six selected plant species of family Rosaceae was assessed for total phenolic content (TPC). Among tested samples *Fragaria vesca* (Leaf) showed Maximum TPC content i.e. 3.314±0.28 mg GE/ g dry plant extract while minimum phenolic content was reflected in *Prunus domestica* (bark) 1.0699±0.2 mg GE/ dry plant extract using 70% ethanol as solvent. Ethanol proved to be an excellent solvent in extracting phenolic acids at both inter and intra cellular level [27]. Similar outcomes were obtained by the work of different researchers [28,30]. Results were given in Figure 1. Most diversified groups of phytochemicals found in all plant organs are termed as Phenolics [31]. Phenolic compounds found in plants have a diversified range of functions including anti-inflammatory, antiradical, antitumor, antidepressant activities etc. and so on [32]. Variation in the Phenolics content was observed based on solvent used [33].

Results showed that 70% ethanol was used for extracting maximum flavonoids content by $Fragaria\ vesca$ i.e. $(4.84\pm0.17\ mg\ QE/g\ of\ dry\ extract)$ while $2.952\pm0.13\ mg\ of\ QE\ equivalents$ $(GAE)/g\ dry\ weight\ flavonoid\ content\ was\ achieved\ with\ methanol.$ Role of flavonoids was well known in the medical field as it prevents from antimicrobial, cancerous and hepatoprotective problems [34]. Figure 2a&2b illustrate the following results.

DPPH assay was used for estimating radical scavenging activities in six selected species of Family Rosaceae and Moraceae. All the selected species of Family Rosaceae and Moraceae showed strong antiradical capabilities in comparison to the positive drugs used i.e. Ascorbic Acid, Quercetin, Butylated Hydroxytoulene and Vitamin E (Figure 1&2): Antioxidant potential was found to be best in ethanol rather than methanol (Figure 3&4) and was in the following order: $Prunus\ domestica\ (Leaf) \ge Prunus\ armeniaca\ (Fruit) \ge Fragaria\ vesca\ (Leaf) \ge Prunus\ persica\ (Leaf) \ge Pyrus\ communis\ (Leaf) \ge Prunus\ domestica\ (Bark)\ 96.13\pm0.21 \ge 94.92\pm0.21 \ge 94.22\pm0.04 \ge 91.70\pm0.40 \ge 91.70\pm0.40.$

Results obtained from the current research work strongly correlate with the work of different researchers observed that presence of secondary metabolites gave *P. acerifolium* leaves strong radical scavenging abilities. Antioxidant rich plants have shown significant potential in the curing of multiple disorders like antitumor, proapoptotic and antiangiogenic effects [35]. IC50 value was also calculated with the help of Graph pad Prism 5.04 software (Figure 5).

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Conclusion

Hence, conclude that all the six species of Family Rosaceae are enriched source of phytochemicals like phenolics, terpenoids, alkaloids, tannins and flavonoids and the radical scavenging properties of all the six species is due to the phytochemicals present in them. Results showed there is a strong correlation between phytochemicals and anti-radical properties of plant samples under investigation. Maximum Phenolic and Flavonoid contents were found in *Fragaria vesca* L. using 70% ethanol as solvent. This research is of great significance as all species acted as potent antioxidants and thereby lead as a baseline for the treatment of multiple disorders like anti-cancer, antidiabetic properties, neurological disorders like Alzheimer or Dementia.

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