



Assessment of Patients' Medical Laboratory Request Forms for Compliance in Jos University Teaching Hospital, Jos-Nigeria

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Abstract

Background: Medical laboratory request forms are important medium of communication between the physicians and the medical laboratory practitioners. The request form provides demographic information of the patients as well as clinical conditions, clinician, specimen information and the targeted laboratory. Inability of the physician to indicate any of the information mentioned above could pose a negative effect in accurate definitive diagnosis of the patients' disease which could affect proper treatment or management.

Aim of study: The study seeks to assess the level of completeness of patients request forms in Jos University Teaching Hospital.

Study volunteers and methods: A retrospective study was carried out on 4,310 in and out Patients request forms as filled by the physician and sent to four laboratory departments of the hospital between the period of January and July 2017 having gotten Ethical clearance from the ethical committee of the teaching hospital.

Results: The result of the findings revealed that from the 4310 request forms assessed, patient' demographic information, recorded 20.9%, 17.2%, 14.9%, 1.3%, 0.9% and 0.0% incomplete rate for age, ward, department, hospital number, sex and name of the patient respectively. Patients' clinical information revealed 54.7% and 8.0% incomplete rate for patients' clinical data and provisional diagnosis respectively. For Clinician information, incomplete rate of 54.7%, 17.8% and 8.2% was recorded for signature of the doctor, name of doctor and the consultant respectively. On specimen information, an incomplete rate of 98.2%, 9.0%, 7.6% and 2.9% was observed for time of specimen collection, date, nature of specimen and investigation required respectively. On targeted laboratory, the study recorded an incomplete rate of 8.6%. The result also show that from all the 4310 request form assessed, none is 100% completely filled.

Conclusion: This study reveals incomplete filling of medical laboratory request forms in JUTH. There is the need to adhere to International Standard Organization guidelines in filling the laboratory request forms for a better patient care and improvement of quality since most decision are taken by the physician or the nurse depends on medical laboratory results.

Keywords: Assessment; Data; Medical Laboratory; Request Forms

Introduction

Medical Laboratory testing plays a very important role in the detection, diagnosis and treatment of a patient's disease. The timely

result generated in the medical laboratory guides the physician or the nurse in decision making pertaining to the treatment,



discharge and/ or the management options for a patient [1, 2]. An estimated 60-70% of all decisions regarding a patients' diagnosis and treatment, hospital admission and discharge are based on the medical laboratory results [3]. In a hospital setting, patients' medical laboratory tests are conducted based on request made on a medical laboratory request form filled by the Physician or the Nurse in some cases [4]. The medical laboratory request form in the Jos University Teaching Hospital's contains demographic information such as patients' full name, Age, Sex, Hospital Number, Specimen,

Tribe, Ward, Department, Clinical Data, Provisional Diagnosis, Investigation Required, Date, and Time of sample Collection, Consultant's Name, Name and Signature of the Doctor. Research has it that most medical laboratory errors emanate from the pre-analytical phase of diagnosis [5]. Among these, is filling of medical laboratory request forms, where adequate information provided plays a vital role in the definitive diagnosis thereby encouraging quality management system and international standard (Figure 1).

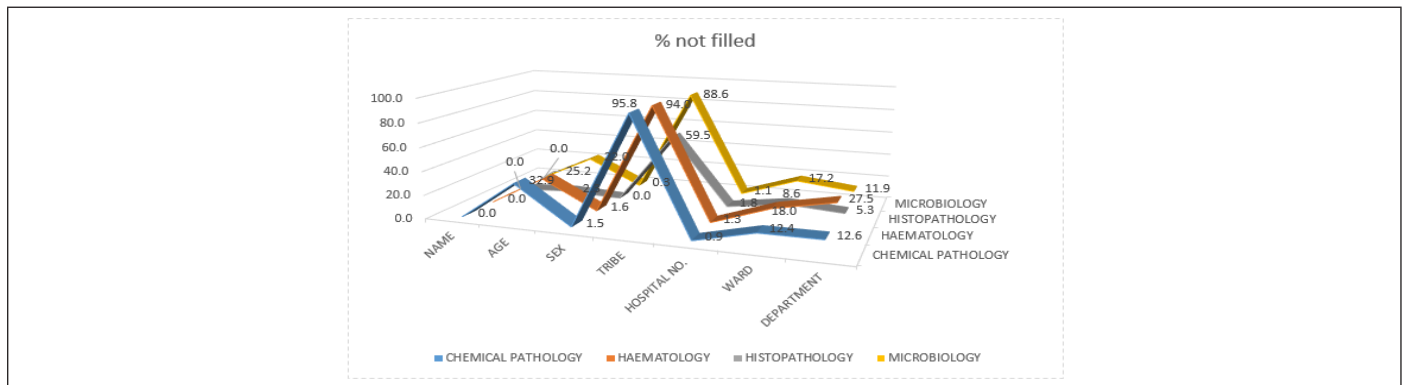


Figure 1: Line graph showing Demographic Information of patients which were not filled according to departments

The inability of the Doctor to indicate any of the information above could pose a negative effect in accurate definitive diagnosis of the patient's disease and could affect proper treatment or management [6].

This study therefore seeks to assess the level of completeness of patients' medical laboratory request forms in Jos University Teaching Hospital, since there has been no study on the trend of incompletely filled patients' medical laboratory request forms in the tertiary hospital.

Materials and Methodology

This research was carried out on 4,310 in and out patient request forms which had been filled by the physicians and sent to any of the four components of medical laboratory department of Jos University Teaching Hospital (JUTH), a 500 bed tertiary

hospital in Jos, the Plateau state capital in north central Nigeria. JUTH provides a measure of emergency, inpatient and outpatient services. These include medical, surgical, laboratory, emergency/trauma, obstetrical, gynaecological, and paediatric services. This retrospective study was carried out on request forms received in the medical laboratories between the period of January and July 2017. Sixteen variables including patients' full Name, Age, Sex, Hospital Number, Tribe, Ward, Department, Clinical Data, Provisional Diagnosis, specimen, Investigation Required, Date, Time of sample Collection, Consultant's Name, Name and Signature of the Doctor were assessed in all the randomly retrieved request forms in each of the laboratory and were analysed using SPSS version 21 computer programme. Ethical approval was sought and gotten from the ethical committee of Jos University Teaching Hospital.

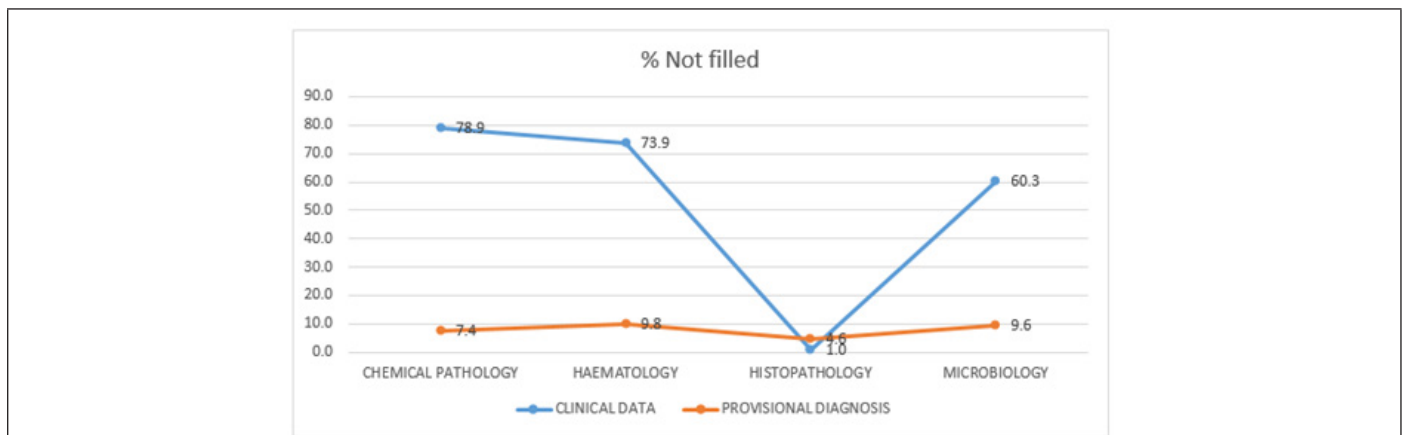


Figure 2: Line graph showing incompleteness of patient's clinical information by department.

Result

The table below revealed that following the study of the extent of incompleteness of data in patients' laboratory request forms, demographic information in the request form which comprises of name of the patient had an 100% completion in all the four (4) laboratories. Data acquired from age revealed that the incompleteness rate in Chemical pathology was 32.9%, Haematology was 25%, Histopathology was 2.3%, and Microbiology was 22%. In regard to gender, Chemical pathology had an incompleteness rate of 1.5%, Haematology had 2%, and Histopathology had 0% while Microbiology had 0.3% Figure 1. With respect to Tribe, Chemical

pathology laboratory had an incomplete rate of 96%, Haematology had 94%, Microbiology had 89% and Histopathology had 59.5%. Result on the incompleteness rate of Hospital number on the request form shown that Chemical pathology laboratory had an incomplete rate of 0.9%, Microbiology had 1%, Haematology with 1% and Histopathology with 1.8%. Incomplete rate on Ward of the patient revealed that Chemical pathology laboratory had 12%, Haematology had 18%, Histopathology 8.6% and Microbiology had 17%. As for the Department of the patient, the incomplete rate in Chemical pathology laboratory was 13%, Haematology was 28%, Histopathology was 5.2% and Microbiology was 12% (Table 1).

Table 1: The percentage of incompleteness of parameters in patient's laboratory request forms in JUTH.

Parameter	Departments			
	Med. Micro	Histopathology	Haematology	Chemical pathology
Demographic information	% unfilled	% unfilled	% unfilled	% unfilled
Name	0	0	0	0
Age	22	2.3	25	32.9
Sex	0.3	0	2	1.5
Hospital Number	1	1.8	1	0.9
Tribe	89	59.5	94	96
Ward	17	8.6	18	12
Department	12	5.3	28	13
Clinical Information				
Clinical Data	60	1	74	79
Provisional Diagnosis	10	4.6	10	7
Specimen Information				
Nature of Specimen	8	2	11	8
Investigation Required	2	6.6	2	0.7
Date of collection	5	9	6	13
Time of Specimen Collection	100	95.3	99	99.3
Clinician Information				
Consultant's Name	9	2.8	12	8
Name of Doctor	15	31	15	11
Doctor's Signature	43	73	48	55
Lab Information				
Targeted Laboratory	9	0	15	9

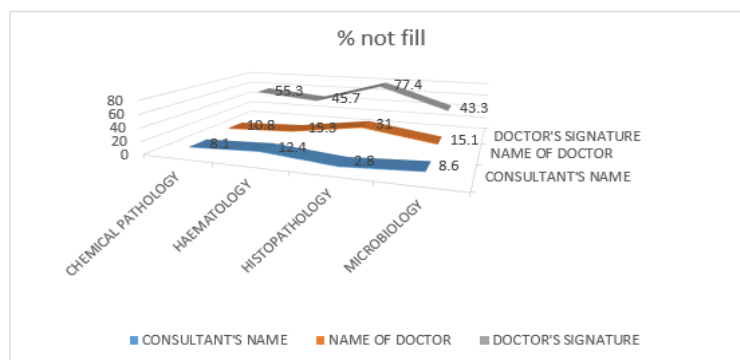


Figure 3: Line graph showing Level of Incompletion of Patients' Clinician information in the request forms.

For the result on clinical information, clinical data shows an incomplete rate of 60%, 1%, 74%, and 79% in Medical Microbiology, Histopathology, Haematology and Chemical Pathology Laboratory respectively. Provisional Diagnosis showed an incomplete rate of 10%, 4.6%, 10 and 7% for Microbiology, Histopathology, Haematology and Chemical Pathology Laboratory respectively Figure 2. The Table also shows the incompleteness rate of patients' clinician information in the request form. On Consultant's name, the result revealed an incomplete rate of 9% in Microbiology Laboratory, 2.8% in Histopathology Laboratory, 12% in Haematology laboratory and 8% in Chemical pathology Laboratory. On the Incompletion rate of the name of doctor, the table shows an incomplete rate of 15%, 31%, 15% and 11% for Microbiology, Histopathology, Haematology and Chemical Pathology Laboratory respectively. Signature of the Doctor recorded 43% in Microbiology Laboratory, 73% in Histopathology, 48% in Haematology laboratory and 55% in Chemical Pathology Laboratory. On specimen information, the result on the table shows an incomplete rate of 8% for the nature of specimen in Microbiology laboratory, 2% in histopathology, 11% in Haematology laboratory, and 8% in Chemical Pathology Laboratory (Figure 3).

'Investigation required' shows an incomplete rate of 2%, 6.6%, 2% and 0.7% in Microbiology, Histopathology, Haematology and Chemical Pathology Laboratory respectively. Date of Specimen collection recorded and incomplete rate of 5% in Microbiology Laboratory, 9% in Histopathology, 6% in Haematology and 13% in Chemical Pathology Laboratory. Time of specimen collection revealed an incomplete rate of 100%, 95.3%, 99 and 99.3% in Medical Microbiology, Histopathology, Haematology and Chemical Pathology Laboratory respectively. On the 'Targeted Laboratory Information, It was observed that Chemical pathology laboratory had an incomplete rate of 9%, Haematology had 15%, Histopathology had 0% and Microbiology laboratory had 9%.

Discussion

Accurate Laboratory diagnosis begins with proper and adequate filling of patient's laboratory request form by the physician or the nurse. It is in line with this reality that the International Organization for Standardization [7] for Medical Laboratories states that the laboratory test request form should contain sufficient information to identify the patient, the authorized requester as well as significant clinical information. This study was carried out to assess the level of incomplete data on the laboratory request forms sent to Haematology, Chemical Pathology, Medical Microbiology and Histopathology Department of the Jos University Teaching hospital, Plateau, Nigeria. The data revealed that of all the 4310 request form distributed, none is 100% completely filled; either one parameter is missing or the other. The study also reveals that of all the 4,310 laboratory forms assessed; only the name of the patients was completely filled in all the forms.

Our findings appear to be in accordance with similar studies conducted in other settings by Adegoke & Idowu, [8], Olayemi & Asiamah-Broni [6], Burton & Stephenson [9], in which only the name of the patients was completely filled, this is not startling because of the importance affixed to a person's name in our society and it is also very likely that the sample would not be accepted by the laboratories if the patient's name was absent. Hence, the requesters were subservient in filling the name in all the request forms. Oladiende and colleagues [10] observed that name of the patient and the name of the attending physician were completely filled in all the forms they analysed. Paingha & Ezenwa [11] revealed that the name of the patient and the investigation requested for were filled out in all the request form they evaluated.

Age

We found out that 20.9% of the request forms evaluated did not have the age of the patient, this is a big challenge for proper research and epidemiological studies, apart from the fact that certain parameters have different age ranges. This may be due to some clinicians lack of recognition of age as a prerequisite to accurate diagnosis. Most often, many a clinician sees the age demography as an information to overlook in cases of emergency when samples are to be sent to the laboratory.

Tribe

85.1% of the request forms assessed did not have the tribe of the patients, and this is a serious problem to epidemiological studies and can hinder prompt intervention against diseases which are common among people from certain tribal divide.

Ward and Department

17.2% and 14.9% of the request forms did not have the ward and the department of the patients respectively. This limitation is effectual in deterring the onward transmission of results of severe illnesses with critical values been that the laboratory users will spend time in searching for the patient's location within the hospital. Incompletely filled patient laboratory request forms contribute immensely to pre-analytical errors thereby hindering accurate analytical and post analytical procedures. Patients' demographic and clinical information are of essence, it aids in specimen identification and proper interpretation of result. In situation where samples from different patients have the same or similar names, other demographic such as tribe, hospital number, age, sex, are crucial in identifying and in sorting out the patient and the sample. Also reference ranges of certain parameters differs with age, sex and even location and tribe.

Clinical Data

54.7% of the request forms assessed were without clinical data. This is far higher than that of Oladiende and co-workers [10] work with an incomplete error of 6.7% and that of the study conducted by Karunanandham et al. [12] which recorded an incomplete error

of 46.7% and Nutt et al. [13] with an incomplete rate of 19.1%. This is however a little bit lower than that of the studies of Kapil et al. [14] with non-conformity of 57.80%. Inclusion of patient's clinical data in the laboratory request forms helps the laboratory users in several ways than one. It helps the laboratory users in putting the result of laboratory findings in the right perspective and to question laboratory interferences when unusual results are gotten. It also aids the Medical Laboratory Scientists in the interpretation of the outcome of investigations which helps in giving quick attention to dispatching of abnormally high or low value results. A quality and well filled clinical data also, reduces the repetition of test and cost.

Time of Specimen Collection

98.2% of the assessed request forms did not have the time of specimen collection. This is a frightening figure owing to the importance this plays in laboratory diagnosis of certain parameters. The time of sample collection is vital in calculating the turnaround time (TAT) of test. Results of some laboratory investigations are time dependent as seen in glucose estimation. Time of specimen collection is also needed to resolve issues of ambiguous results which could be due to a prolonged time between the time of sample collection and the time of sample separation or analysis as often seen in arterial blood gas analysis, electrolytes estimation and pus cells in urine microscopy.

Conclusion

In the assessment of incompleteness of medical laboratory forms in a tertiary hospital in Jos, the analysed data revealed that of all the 4310 request forms distributed, name of patients was 100% filled in the medical laboratory request forms assessed, while the parameter that was least filled is Time of Specimen Collection followed by Tribe. Chemical pathology and Haematology request forms recorded high incompleteness while request forms sent to Histopathology laboratory recorded High Completeness because they have better practicable guidelines for sample rejection on the basis of incompleteness of request forms. The prominent difficulty offered by incomplete request forms is the capacity to handicap proper definitive diagnosis in short-turn-around time thereby reducing the quality management system component of health practice score line in Jos University Teaching Hospital.

From this study, it is hereby recommended that:

- a) There is the need to develop a laboratory quality and practicable guidelines for sample rejection on the basis of incompleteness of request forms.
- b) There should be proper orientation/training by medical laboratory scientist to all new house officers and resident doctors on the imperative of proper filling of laboratory request forms.
- c) There is a need to have an annual joint physician – medical laboratory staff conferences to deliberate on issues relating to

the duo in improving the standard and quality of laboratory results to enhance quality healthcare delivery to the patients.

- d) Consultants should ensure that house officers and resident doctors under their supervision develop the habit of filling the request forms adequately.
- e) Regular assessment of medical laboratory request forms should be carried out to improve the health care delivery [15].
- f) Provision for patients and doctors phone number should be included in the request forms as this will enable the medical laboratory users to place a call on either the patient or the doctor's as the case may require.

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