



Gene Associated Divergence of COVID-19 Morbidity & COVID-19 Vaccines

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To Cite This Article: Jomana Al-Azzam, Raida Khalil. Gene Associated Divergence of COVID-19 Morbidity & COVID-19 Vaccines. *Am J Biomed Sci & Res.* 2021 - 14(1). *AJBSR.MS.ID.001955*. DOI: [10.34297/AJBSR.2021.14.001955](https://doi.org/10.34297/AJBSR.2021.14.001955).

Received: 📅 July 19, 2021; **Published:** 📅 September 01, 2021

Abstract

The Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), also known as COVID-19, drastically changed our everyday lives. It has indeed caused a considerable increase in morbidity and mortality rates worldwide.

There is an underlying complex interplay between the infectious agents and the human host, which is related to different biological mechanisms. Phenotypic spectrums associated with SARS-CoV-2 infection or COVID-19 range from asymptomatic to severe systemic complications such as pneumonia, respiratory failure, and death. Around 15 % of cases are severe. Some are accompanied by a dysregulated immune system or a cytokine storm, and others with both.

There is increasing evidence that the severe manifestations of COVID-19 might attribute to human genetic variants. Polymorphisms in genes that are related to immune deficiency and or inflammasome activation (cytokine storm) are examples of these variants.

The question is, is the variability of the hosts' genetic background the reason behind the different responses to COVID-19? Or are there other factors? Case reports and GWAS studies showed that the susceptibility to severe viral infections was associated with the genetic variants in the immune response genes. Identifying the candidate's genes is likely to aid in explaining why COVID-19 symptoms are severe to some but not others. Not to mention that it will provide insights that help us further understand the pathogenesis of severe COVID-19, to then make it possible to come out with more effective treatments and vaccines.

There are forty genes associated with viral susceptibility. Twenty-one of them were associated with severe SARS-CoV disease and severe COVID-19. Some of these genes are implicated in the TLR pathways and others in C-lectin pathways. Additionally, there are some genes related to inflammasome activation (cytokine storm). This explains the diverse observations of the disease's severity associated with genes.

A vaccine should protect humans against SARS-CoV-2 severe infection and death. It acts against infection, disease, or transmission. A vaccine capable of reducing any of these elements will contribute to disease control. Vaccines should be safe, effective, immunogenic, economic, and up-scalable.

Brief Historical Perspective

Part of inter-individual differences is attributable to the host genetics profile. [1][2] Mendelian disorders causing deficiencies of the immune response in the human host to viruses (reviewed in Casanova JL et al. 2020 [3] gave a base to search for the influence of germline genetic variations on sporadic infectious diseases.

The current paradigm for complex disorders implies that the genetic susceptibility to infection is not Mendelian-but may be either monogenic or polygenic-and postulates that any single

genetic biomarker may be associated with a risk with low to very slight effect. SARS-CoV-2 receptor-binding spike motif binds to the human Angiotensin-Converting Enzyme 2 (ACE2), triggering a cascade of events leading to the fusion between the cell and viral membranes for cell entry. So, a hypothesis arose that the variability in ACE2 (and other factors) structure and expression is related to different susceptibility to COVID-19 (recently reviewed by Devaux CA et al. [4], connections between disease progression and age, sex, immune-sufficiency, and having comorbidities, are established with vulnerable individuals (Figure 1).

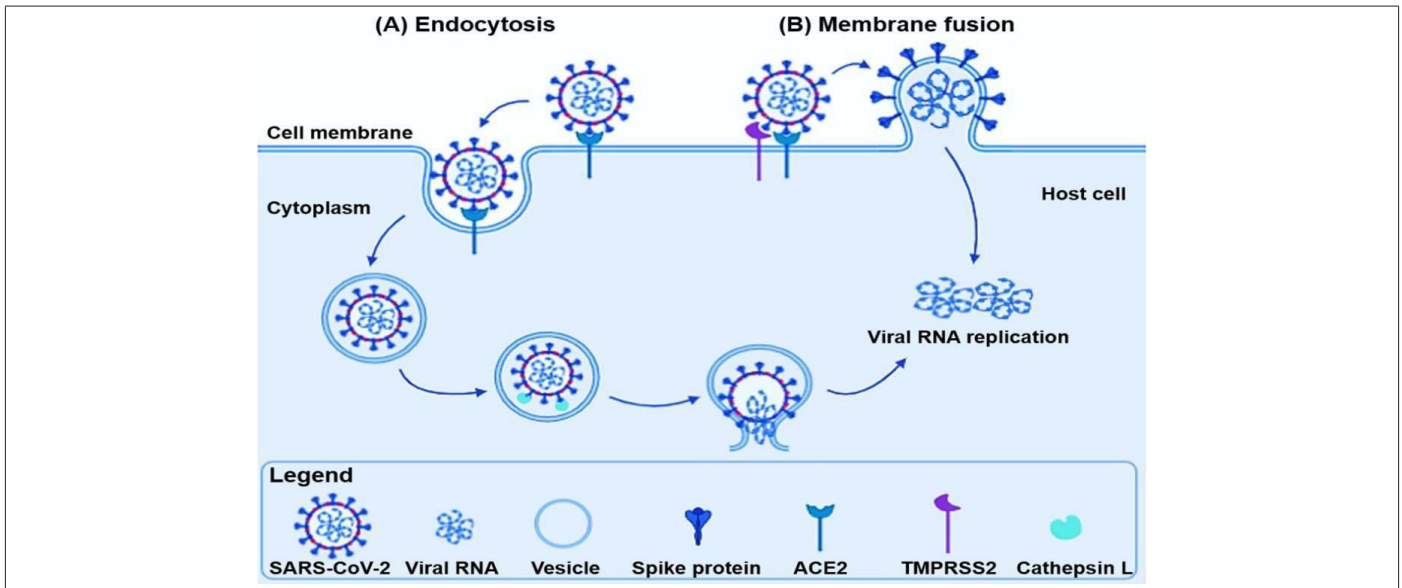


Figure 1: SARS-CoV2 infection mechanism. [11]

Primary viral replication occurs when the virus reaches the mucosal epithelium of the upper respiratory tract, SARS-CoV-2 can reach lung epithelial cells where further viral replication occurs.

SARS-CoV-2 binds via its Spike (S) protein to the ACE2 receptor in the lungs (same mechanism as in airway epithelial cells) and TMPRSS2 (increases viral entry to the host). The binding interaction promotes cellular endosomal entrance via cathepsin-L-dependent endocytosis. Host proteases cleave S protein, which activates it to trigger the process of membrane fusion [5,6].

The virus can enter cells either by direct cellular entry (membrane fusion then injection of the viral genome into the host’s cytoplasm) or endocytosis (material enters the host after being surrounded by an area of the cell membrane then buds off inside the cell to form a vesicle). Once inside the cell, viral-specific RNA and proteins are synthesized within the cytoplasm [7-10]. More viral proteins are then assembled from the information within the viral RNA using the host’s cellular machinery, specifically the Golgi apparatus and endoplasmic reticulum [11]. New variants are then assembled by fusing to the plasma membrane and being released as vesicles by the cellular exocytic secretory processes. [12]

Host genetics and viral variation have a huge impact on SARS-CoV-2 infection and COVID-19 severity. Single nucleotide polymorphisms (SNPs) are present in individuals across a variety of genes’ such as *ACE2*, *TMPRSS2*, *HLA*, *CD147*, *MIF*, *IFNG*, *IL6*) which can be involved in SARS-CoV-2 pathology and immunology, as well as other genetic variants that may be able to: Modulate disease susceptibility, increase or decrease disease severity, alter the variety of symptoms developed, and Affect the magnitude and or quality of the immune responses against SARS-CoV-2.

Genetic variants of SARS-CoV-2 in addition to host genetic variation show differences in biological activity. examples include the capability of SARS-CoV2 to suppress the activation of the innate immune system by Single amino acid mutations in the spike glycoprotein (which can modulate ACE2 binding or alter B cell epitopes to promote immune escape or render monoclonal antibodies ineffective), it is also able to promote the development of resistance to antivirals, alter T cell epitopes, disrupt cell-mediated immunity, and modulate host cellular interactions with viral particles in the presence of mutations in non-structural/accessory proteins [13] (Figure 2) (Table 1 & 2).

Table 1: Genetic variants of the human host influencing the coronavirus-associated phenotypes.

Gene/locus	Polymorphisms/Variants	Chromosome location	Main finding(Reported COVID-19 associations)	Reference
APOE	rs429358 + rs7412 rs429358-C-C (e4e4)	19q13.32	Association with the ε4 homozygous genotype, Severe disease independently of preexisting dementia, cardiovascular disease, and type 2 diabetes	[7] [18]
HLA-B	B*15:27	6p21.33	Association with infection	[9]
HLA-C	C*07:29	6p21.33	Association with infection	[9]
ABO	rs657152	9q34.2	Higher risk of infection for blood group A vs. non-A and lower risk of infection for blood group O vs non-O	[14,15,16]

ACE2	p.Arg514-Gly	Xp22.2	Cardiovascular and pulmonary conditions in the African/AfricanAmerican population by altering AGT-ACE2 pathway	[17]
SLC6A20, LZTFL1, CCR9, FYCO1, CXCR6, XCR1	rs11385942-GA	3p21.31	Severe disease (respiratory failure)	[14]
HLA	B*46:01 and B*15:03	6p21.33	Vulnerable to disease for HLAB*46:01 and cross-protective T cell-based immunity for HLA- B*15:03	[19]
IFITM3	rs12252-C/C	11p15.5	Association with severity (Mild-to-moderate disease requiring hospitalization)	[8,20]
TLR7	g.12905756_12905759del and g.12906010G>T	Xp22.2	Severe disease	[21]
TMEM189-UBE2V1	rs6020298-A	20q13.13	Severe disease	[22]
TMPRSS2	p.Val160Met (rs12329760)	21q22.3	Increased susceptibility to disease and for risk factors, e.g., cancer	[17]

Table 2: (Potential) Germline genetic variations that makes some patients vulnerable to SARS-CoV2 [10].

Gene name	Human GRCh37/hg19 Assembly	Human GRCh38/hg38 Assembly
TLR3	chr4:186990309-187006252	chr4:186069152-186088069
IRF7	chr11:612555-615999	chr11:612591-615970
UNC93B1	chr11:67758575-67771593	chr11:67991100-68004097
TBK1	chr12:64845840-64895899	chr12:64452120-64502114
TICAM1	chr19:4815936-4831754	chr19:4815932-4831704
IRF3	chr19:50162826-50169132	chr19:49659570-49665875
IFNAR1	chr21:34697214-34732128	chr21:33324970-33359864
IFNAR2	chr21:34602231-34636820	chr21:33229974-33264525

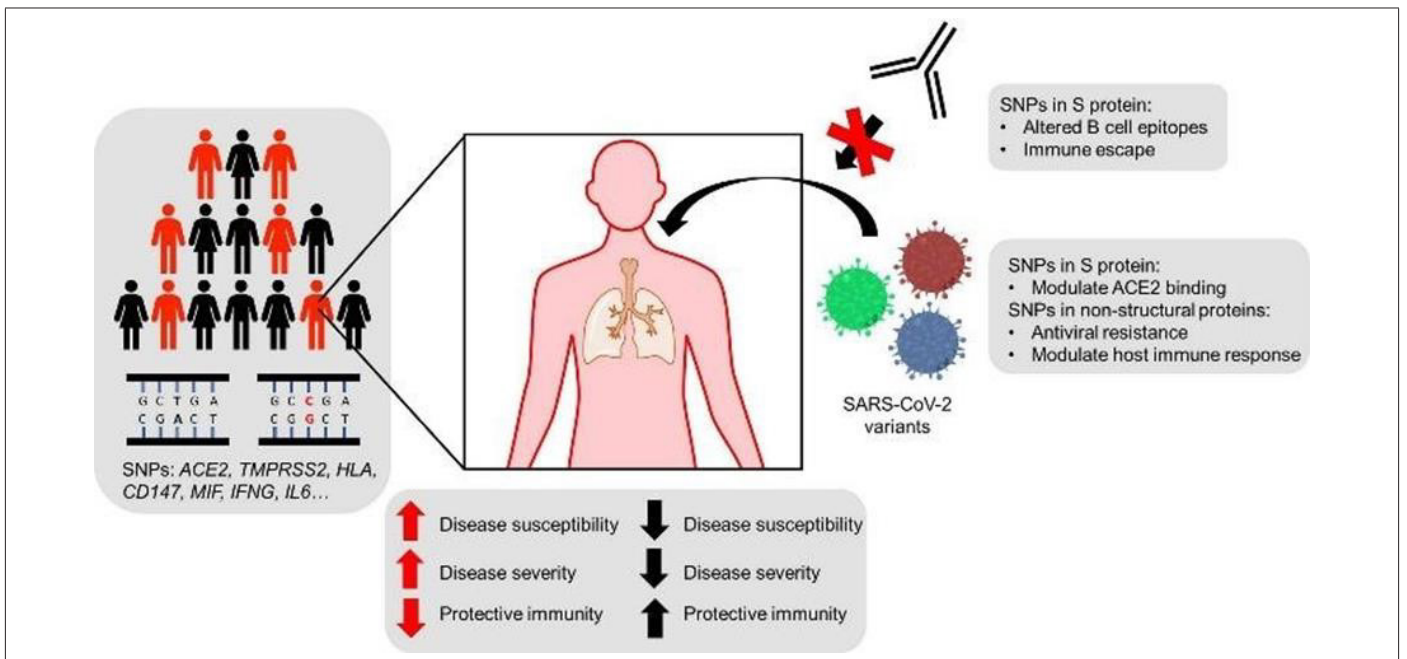


Figure 2: Impact of host and viral genes on SARS-CoV 2 infection and severity [13].

Epigenetic Mechanisms Regulating COVID-19 Infection

Global DNA methylation, *ACE2* gene methylation and post-translational histone modifications drive differences in host tissue-, biological age- and sex-biased patterns of viral infection. Epigenetic changes impact genome stabilization, maintenance of cellular homeostasis, and affect the pathophysiology of the viral infection [14].

COVID-19 and Age

By far, age is the strongest predictor of the risk of dying for an infected person, measured by a metric, infection fatality ratio (IFR), in which the proportion of people infected with the virus, including those who didn't get tested or show symptoms, to the people who will die as a result of the infection [15-17]. Age and disease severity are correlated with multiple immunological characteristics [18-21]. There are correlations between low frequencies of naive CD8+, CD4+ T cells, age and COVID-19 disease severity. Coordinated CD4+ T cell, CD8+ T cell, and antibody responses are (protective), but uncoordinated responses fail to control the disease [22-25]. This discovery formed a connection between aging, impaired adaptive immune responses, and dysregulated immune responses to SARS-CoV-2 [26-28].

COVID-19 and Sex

SARS-CoV-2 binds to the ACE2, present in high levels in the testis. The development of acute respiratory distress syndrome (ARDS) is associated with elevated IL-6. Low T is associated with ARDS [29].

Almost half of the admitted COVID-19 patients developed ARDS, and half of them died. Elderly male patients are more likely to develop ARDS and die [30-32]. Low T levels may worsen the severity of COVID-19 infection in older males. Normal T levels may offer some protection against COVID-19. [24, 33] females are endowed with a higher capacity to produce antibodies, which correlates with viral clearance and disease resolution in the context of SARS-CoV-2 infection.

Many X-linked immune genes escape X inactivation, showing bi-allelic expression in female immune cells, particularly in plasmacytoid dendritic cells (pDCs). pDCs are more active in females and endowed with high capability to induce IFN- α -mediated B cell activation and differentiation into antibody-producing plasma cells throughout epigenetic mechanisms linked to trained immunity. It was hypothesized that following SARS-CoV-2 infection, epigenetic

modifications of X-linked genes involved in pDC-mediated type I IFN (IFN-I) signaling occurs more effectively in females, for inducing neutralizing antibody response as an immune correlate driving sex-biased disease outcome [30]. Differences in innate and adaptive immune responses, genetic factors, and an interplay between sex hormones and immune effectors, as well as gender-specific behavior differences, particularly the immunological divergence in response to viral infection, could potentially influence not only COVID-19 pathogenesis and disease course, but also the response to antiviral drugs and vaccines [32]. This might explain why severe COVID-19 and mortality rates are higher in men than women.

COVID-19 and the Immune System

The first line of defense when a pathogenic invader enters the body is the immune system. The main course of COVID-19 disease occurs because of a misbalance of the immune response, often leading to misregulation and worsening of the infection [34]. Examples of candidate genes that have the potential to play a role in the immune defense against COVID-19 (might explain the variable prevalence of the infection): complement component 3 (C3), galactoside 2-Alpha-L-fucosyltransferase 2 (FUT2), haptoglobin (Hp), vitamin D binding protein (DBP), human homeostatic iron regulator protein (HFE), cystic fibrosis transmembrane conductance regulator (CFTR), and angiotensin-converting enzyme 1 (ACE1).

Univariate studies showed that ACE1 D/I, C3, CFTR, and HFE polymorphisms correlated significantly with COVID-19 prevalence/mortality, while multivariate analysis, only ACE1 D/I and C3 polymorphisms were determinants for COVID-19 prevalence/mortality. Whereas ACE1 D/I polymorphism shows functional links with ACE2 in COVID-19, C3 acts as a critical step in the virus-induced inflammation [30].

Molecular Grade Vaccines

An efficacious vaccine is necessary to prevent the increase in morbidity and mortality. Safety and immunogenicity are the most important categories to look for in a vaccine. The vaccine development goal is to gain direct evidence of vaccine efficacy in protecting humans against SARS-CoV-2 infection. The vaccine should be capable of reducing infection, disease, or transmission and induce the best immunogenic reaction in safe manners to be considered a candidate vaccine that contributes to disease control. Protection against severe disease and death is the most vital efficacy endpoint [35]. Each vaccine exhibits a different potency and duration of efficacy, as determined by the antigen design, adjuvant molecules, vaccine delivery platforms, and immunization method [36]. Most COVID-19 vaccines use a nucleic acid segment (mRNA

or DNA) that encodes for the viral S (spike) protein of SARS-CoV2, translated by host cells and the product gets recognized by the immune system (and antibodies are built against it) [36-38]. Other

vaccines use inactivated viruses for the same purpose. Duration of protection, safety, and mass vaccination are crucial when evaluating any vaccine [39-41] (Table 3).

Table 3: Different COVID-19 vaccines.

Vaccine	Type	Efficacy	storage	Reference
Pfizer-BioNTech	mRNA Inside an Oily Shell	95%	-70C	[42]
Oxford AstraZeneca	double-stranded DNA in a modified version of a chimpanzee adenovirus	-6290%	Regular fridge temperature	[43]
Sinopharm vaccine	killed viral particles	79%	2-8C	[37]
Russian Sputnik V vaccine	DNA in weakened human adenovirus	92%	Regular fridge temperature in dry form	[38]
Moderna	mRNA	95%	-20C	[39]
Johnson & Johnson	Viral vector	66.30%	2-8C	[41]

Opinion on Blood Clotting Caused by AstraZeneca Vaccine

Clotting dysregulation was observed in severe COVID-19 patients [42-45]. Several mechanisms may contribute to immunothrombosis, for instance, elevated levels of pro-inflammatory cytokines [46-49]. So, I think aside from some additives that supposedly trigger clotting in the AstraZeneca vaccine, patients that would have had a severe case did get immunothrombosis when taken AstraZeneca vaccine being the most immunogenic one.

Possible Treatment Methods

Clinical outcome of COVID-19 in C3S and ACE1 D allele carriers to study the role of C3 and ACE1 D/I polymorphisms in COVID-19 have potential effects on treatment response [44]. drugs enhancing ACE2 activity may become one of the most promising approaches for treating COVID-19 in the future [33]. IL-18, CCR1, CCR9, and EndoU (coronavirus protein) inhibition as a possible treatment for COVID-19.

Summary of Some Established Principles

Angiotensin-converting enzyme 2 (ACE2 "receptor") interacts with the S protein of SARS-CoV-2 which provides the entry point for the virus to hook into and infect a wide range of human cells [6]. Humans are not equal concerning the expression levels of the cellular ACE2 [4]. ACE2-expressing organs do not equally participate in COVID-19 pathophysiology, implying that other mechanisms are involved in orchestrating cellular infection [27].

Variable responses to coronaviruses (CoVs) are influenced by the variability of the hosts' genetic background (Emilio Di Maria et al). [5]

Seniors and those with co-morbidities are prone to COVID-19 owing to immunosenescence and exaggerated inflammatory responses and possible treatment with convalescent plasma [40].

The magnitude of neutralizing antibody responses is positively correlated with disease severity (smaller in asymptomatic individuals and decreases faster than in symptomatic). Pre-existing cross-reactive immunity leads to a better prognosis [40].

Different host immune responses to SARS-CoV-2 infection explain why males and females, young and old persons infected with this virus have markedly distinct disease severity [6].

Potential regulators of ACE2 in the human lung, including genes related to histone modifications (e.g. HAT1, HDAC2, and KDM5B) are found in patients with severe COVID-19 [23]. Patients with comorbidities associated with severe COVID-19 found that ACE2 was highly expressed in these patients compared to control individuals [26].

Androgen's TMPRSS2-mediated actions might explain both the low fatalities observed in prepubertal children and the differences between sexes regarding SARS-COV2 infection. Androgen sensitivity may be a critical factor in determining COVID-19 disease severity, and sensitivity tests can, therefore, help in predicting patient outcomes [29].

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