



Research Article

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# An Investigation of Revisional Surgery After Implantation of Device for Intervertebral Motion (DIAM): A Case Series Study

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## Abstract

**Background:** The application of the Device for Intervertebral Assisted Motion (DIAM™) is a spinal fusion device recently and widely development for the treatment of lumbar degenerative diseases. Among the Interspinous Process Devices (IPDs) the Device for Intervertebral Assisted Motion (DIAM™) is a relatively newer fusion technology, based on the placement of a flexible IPD.

**Purpose:** This study was aimed to evaluate the clinical outcome of a widely used IPDs called DIAM™.

**Methods:** The patients (n=44) had undergone DIAM™ placement were evaluated the medical records in our hospital. The demographic data and diagnosis were recorded. Revision surgery was performed for each patient and follow-up was based on medical and radiological records.

**Results:** Forty-four patients with a mean ( $\pm$ SD) age of 58.80( $\pm$ 13.12) years underwent the revision surgery of DIAM™. The complication of patients' previous revision surgery, arranging from low to high was in DIAM™ alone with infection (2 cases), DIAM™ alone with instability (3 cases), preventing Adjacent Segment Disease (ASD) (6 cases), inadequate decompression (30 cases), DIAM™-involved instability with stenosis (34 cases).

**Conclusions:** DIAM™ may not be a comprehensive interspinous process decompression device to treat all kinds of spinal diseases due to its various postoperative complications. The predominant DIAM™ indications would be disc herniation, spinal stenosis, black disc disease, and fusion after ASD (topping Off).

**Keywords:** Spinal fusion device, DIAM™ Device, Revision surgery, Postoperative complications, Low back pain, Interspinous process devices.

## Introduction

Low back pain is a progressive degeneration of lumbar disease in the elderly [1]. However, an IPDs is one kind of spinal fusion device widely used for lumbar spinal stenosis is the reason for undergoing spinal surgery for bony decompression by DIAM™ device. Multiple studies have shown better long-term clinical outcomes of surgeries with the DIAM™ device [2]. Among the placement of flexible IPDs, DIAM™ is a relatively newer spinal fusion surgery

technology on the implantation of DIAM™ spinal fixation [3]. The objective of this study was to evaluate the revisional surgeries at implantation of a DIAM™ device. However, little is known about the feasibility and efficacy of the DIAM™ device in lumbar disk degeneration patients [4]. The spinal stabilization system of DIAM™ is proclaimed to have feasibility, efficacy, and flexible support for surgical complications treatment for patients suffering from lumbar



spine degeneration [5,6]. Because of LSS narrowing resulting from a degenerative change in the different ages and gender. This investigation for etiologies of revisional surgeries study assessed the efficacy of the IPDs for the DIAM™ in patients. Taylor et al. also suggested three indications for DIAM™ devices including [7,8] For discogenic disease: primary, recurrent, with, and without discectomy. For posterior disease: central, foraminal stenosis, facet disease, and ligamentous instability [9]. From junction disease: implanting a DIAM™ above the existing lumbar fusion [10,11]. However, a clinically DIAM™ has been recently applied at implantation to reduce back pain and disability. Although the DIAM™ device was generally acceptable but is accompanied by increased complications and contraindications [12]. The fixation method for the DIAM™ device to the vertebral has been used for patients unloading a pain in its early stage of degeneration with low back pain even stopping or slowing down the degenerative process. During flexion, the DIAM™ device is an example of a lumbar device that decreases surgery complication motion at the implanted levels and the adjacent [13]. The long-term surgery complications of the DIAM™ device include higher reoperation, revision surgery, and higher cost-effectiveness [14]. This retrospective study evaluated the surgical outcomes and focused on the complications resulting from the long-term elevated intra-disk pressure that has been shown to be associated with the progression of lumbar disk degeneration.

## Material and Methods

### Participations

Forty-four patients undergoing surgery with DIAM™ placement since 2008 and who underwent revision surgery from 2016 to 2018 were included in this study. These patients include those transferred from other hospitals or who previously underwent surgery in our hospital. Most patients underwent the first Diam operation in other hospitals, and the original medical records of each patient from those hospitals were unable to be obtained. Therefore, it is difficult to determine when the included patients first underwent Diam. Among the reasons for the agreement of revision surgery, spinal instability with residual stenosis is an important reason for patients to undergo reoperation. After evaluated physical examinations, all of these patients were assessed with dynamic X-rays

and Magnetic Resonance Imaging (MRI) of the lumbar spine. The characteristic data, including these patients' complications, were recorded, and the diagnosis and surgery outcome were also discussed.

### Surgical Methods

The patients were referred for surgery after diagnosis. All patients required revision surgery under spinal anesthesia in the knee-chest position. We prepared the appropriately sized DIAM™ device waiting for use. DIAM™ device was interspaced between L4-L5-S1 spinous processes under the ligament. The operating surgery time was 35-45min. The patient was raised from bed after 24 hours.

### Functional Outcomes

All patients suggest the effects of DIAM™ on low back pain.

### X-ray and MRI Images

The X-ray and MRI images were performed according to standard procedures to determine the segmental instability. Injection of the disc of non-ionic contrast dye (2mL) inside the disc space by the X-ray images. The intervertebral angle was greater than 5°, we can determine the spinal segment was considered unstable. Magnetic Resonance Imaging (MRI) of the lumbar spine was used to determine implantation surgery of DIAM™ device.

### Statistical Analysis

All population patients (n=44) undergoing surgery with DIAM™ placement. The demographic data and diagnosis were recorded. All methods statistical analyses were performed in SAS format. This study included 44 patients of interspinous DIAM™ spinal stabilization system population and excluded at the different levels from the index of the complication population.

### Results

This study analyzed 44 patients who underwent previous DIAM™ implanting and revision surgery. Characteristics of the population of patients were observed in Table 1. The overall mean  $\pm$ SD (age) of forty-four patients included in this study was 58.80 $\pm$ 13.12 years, and 79.5% of patients were female (Table 1).

**Table 1:** Characteristic of the population of patients.

Term	Total population (N=44)
Age	58.80 $\pm$ 13.12
<b>Gender</b>	
Female	35(79.5%)
Male	9(20.5%)
<b>Level</b>	
L1-2	2(4.5%)
L2-3	3(6.8%)
L2-3-4-5	7(15.9%)

L3-4	2(4.5)
L3-4-5	14(31.8%)
L3-4-5-S1	11(25.0%)
L4-5	2(4.5%)
L4-5-S1	2(4.5%)
L5-S1	1(2.3%)
<b>DIAM number</b>	
1	10(22.7%)
2	15(34.1%)
3	19(43.2%)
<b>Complication</b>	
DIAM™ alone with infection	2(4.5%)
DIAM™ alone with instability	3(6.8%)
Not preventing ASD	6(13.6%)
Inadequate decompression	30(68.2%)
Multiple DIAM™-involved instability with stenosis	34(77.3%)

**Table 2:** Association between DIAM™ number and complications.

<b>DIAM™ number (n=44)</b>			
	1	2	3
	(n=10)	(n=15)	(n=19)
<b>Complication</b>			
DIAM™ alone with infection, instability stenosis	3 (30.0%)	0 (0.0%)	0 (0.0%)
Not preventing ASD	6 (60.0%)	0 (0.0%)	0 (0.0%)
DIAM™-involved instability with stenosis	1 (10.0%)	15 (100.0%)	19 (100.0%)

Our results showed that 19 cases (43.2%) and 15 cases (34.1%) had more DIAMs™, only 10 cases (22.7%) had one DIAM™. The complications of these 44 cases undergoing the revision surgery are shown in Table 1, and the most prevalent involved Multiple DIAM™-involved instabilities with stenosis 34 (77.3%). However, the patients were grouped according to their complications and described the treatment as listed below, respectively. Moreover, we detected the association between DIAM™ number and complications the results showed in Table 2. Table 2 presents the distribution of complications in a different number of DIAM™.

In patients only use one DIAM™ had the complication for infection, instability, or stenosis (n=3, 30.0%), but not preventing Adjacent Segment Disease (ASD) (n=6, 60.0%), and DIAM™-involved instability with stenosis (n=1,10%). However, in patients with 2 numbers and 3 numbers DIAMs™, we did not observe the complication for infection, instability, or stenosis, and not preventing Adjacent Segment Disease (ASD), but we observed 2 numbers and 3 numbers DIAMs™-involved instability with stenosis. DIAM™-involved instability with stenosis was noted in all the patients. From X-ray and MRI sagittal and axial plane results showed from Figure 1 and Figure 2, we found low back pain caused by lumbar disk degeneration disc diseases at L4-L5 and L5-S1 disc. This chronic low

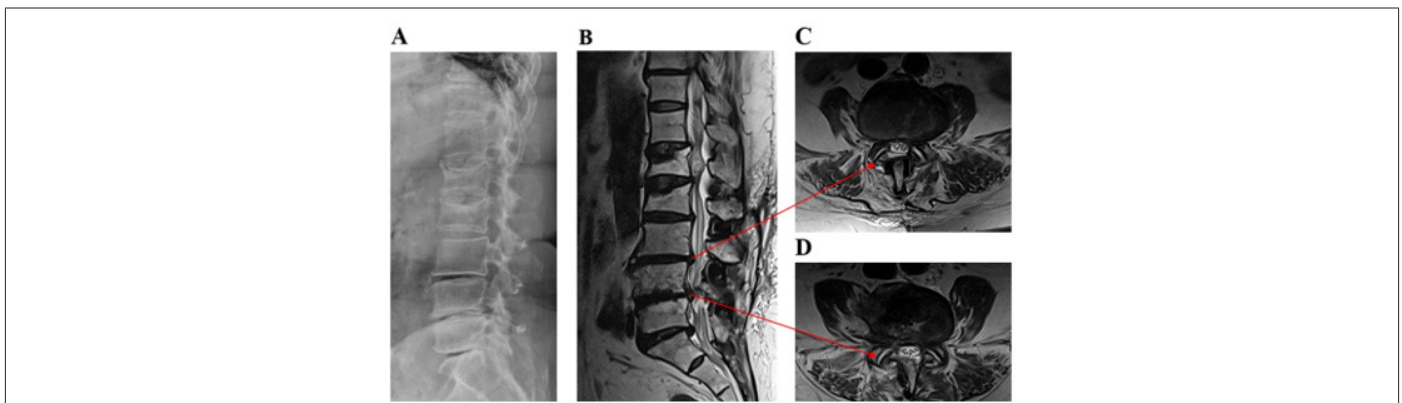
back pain has been found to be the most prevalent internal disk disruption. Most cases of degenerative disc disease can be managed by X-ray and MRI methods. DIAMs™ device implantation surgical treatment is an option in cases of severe to surpassing facet joint and sacroiliac joint pain. However, the standard placement of DIAM™ surgical treatment for lumbar degenerative disc disease is fusion surgery. This fusion surgery has been found to reduce pain by eliminating motion at the spinal segment. The result has been shown that a patient underwent revision surgery and internal fixation for L4-5-S1 with stainless steel after nerve decompression by DIAMs™ device (Figure 3). Moreover, Figure 4 result showed that we can observe a DIAM™ device with a foreign body reaction in which two vertebrae are grafted together, and for effective pain relief (Figure 1-4).

## Discussion

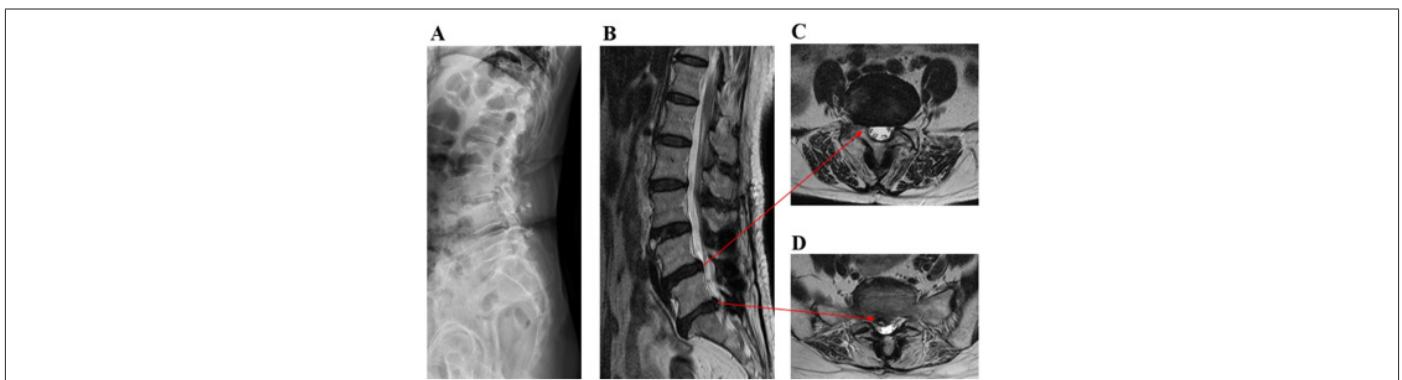
The DIAM™ device implant has the development of dynamic stabilization techniques, but the clinical relation to lumbar fusion instrumented is still uncertain. It is a posterior interspinal dynamic stabilization or balancing device<sup>14</sup>. The DIAM™ device is thought to work by reducing loading of the disc, restoring the posterior tension band, realigning the facet joint line, and increasing foraminal

height [15,16]. For this reason, the DIAM™ implant was developed for low back pain. Installation of DIAM™ is not preferred in the L5-S1 space [17-19] as the spine process of S1 is too small to support DIAM™ appropriately. In revision surgery patients, DIAM™ was installed in L5-S1 and obviously, instability was reported. Accordingly, the installation of DIAM™, in elderly patients with poor bones, the spinal process is very fragile and cannot withstand the opening force of DIAM™. Any accident can cause a fracture of the spinal process (Table 1). In patients with relatively unstable spine receiving spinal decompression surgery with DIAM™ alone, greater spinal instability is noted. Even if DIAM™ is used again, the spine might not be stabilized, leading to further complications from DIAM™ alone (Table 2). Facet joint osteoarthritis occurs only in cases of disc degeneration [20]. Therefore, DIAM™ might not be suitable for patients with facet joint arthritis. Otherwise, it might further cause more damage to spinal instability [21,22]. However, as the follow-up time increases, DIAM™'s effectiveness in preventing ASD will become less effective, and more patients will need revision surgery to treat junctional level instability. When choosing DIAM™ to prevent ASD of patients after long fusion, the patient's disc space is suggested to be no less than 1/2, and without arthritis in the fa-

cet joint, otherwise, the effect of DIAM™ in preventing ASD is not obvious by multi-DIAMs™. This study focused on the L4-5-S1 disc herniation, spinal stenosis, and back disc disease by x-ray and MRI images (Figure 1 and Figure 2). The x-ray and MRI results of these patients all showed spinal stenosis. Moreover, this study observed that most revision surgery patients in our hospital have received multiple DIAM™ devices, which caused persistent back pain, lower leg numbness, and spinal instability leading to neural tube stenosis (Figure 3). Besides, these kinds of revision surgery are not difficult to perform because adhesions are found only in lamina decompression and are still the virgin site near the nerve root [23,24]. DIAM™ being a foreign body can cause infection in a few cases. If rubbed with Dura for a long time, it might cause granulomas and possibly infection (Figure 4). The Borderline indication is suggested for DIAM™ which includes stable degenerative spondylolisthesis and osteoporotic cases. The contraindications of DIAM™ are suggested to be the use of multiple inter-spinal process devices, inappropriate to pars fracture cases, unstable spine, and prohibited use for L5-S1 site [25,26]. If the facetectomy is performed, adequate decompression can be achieved.



**Figure 1:** A case with persistent back pain caused by lumbar disk degeneration disc disease at L4-L5 without multiple DIAMs™.  
 (A) X-ray  
 (B) MRI sagittal plane  
 (C, D) MRI axial plane



**Figure 2:** A case with severe back pain caused by lumbar disk degeneration disc disease at L5-S1 without multiple DIAMs™.  
 (A) X-ray  
 (B) MRI sagittal plane  
 (C, D) MRI axial plane



**Figure 3:** A case underwent revision surgery and internal fixation for L4-S1 with stainless steel after nerve decompression by DIAMs™ device.



**Figure 4:** A case with foreign body reaction caused by DIAMs™ device.

## Conclusion

This study is to determine inserting DIAM™ implants to sufficient decompression during the operation unstable spine. It usually requires further revision surgery entire intervertebral process DIAMs™ to fully decompress, and fuse with the implant. The DIAMs™ has interspinous devices available known the effects of these devices on the treated segment and on the adjacent segments of the spine.

## Acknowledgements

None.

## Conflict of Interest

None.

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