



## Case Report

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# Therapeutic Modalities in Metastasis Granular Cell Tumor: A Case Report of Anal Region

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## Abstract

**Background:** The clinical evolution and biology of Granular Cell Tumors (GCT) are poorly understood, and treatment remains an issue of discussion. The is a rare benign tumor of Schwann cell origin with only 2% of them are malignant. The present case study describes the therapeutic modalities in the recurrent and metastatic situation GCT.

**Case Presentation:** Our case describes a 50-year-old woman who had undergone surgical excision for GCT of the anal region 4 years ago. Readmitted for local and distant relapse.

**Conclusions:** We believe that wide local excision is the best treatment for both benign and malignant tumors. The role of chemotherapy and radiotherapy in malignant GCT should be studied. All patients with GCT should receive follow-up to check for recurrence and metastasis

**Keywords:** Granular cell tumor, Recurrent, treatment

## Introduction

A Granular Cell Tumour (GCT) is a rare, benign, soft tissue tumour [1] that likely arises from Schwann cells [2]. Although it was initially classified as a myoblastoma, recent studies agree that it is more likely to be neural in origin [2,3]. Granular cell tumors may be located anywhere in the body; however, the gastrointestinal tract is infrequently involved, and anal granular cell tumors are rare [4,5]. *Fanburg-Smith, et al.*, postulated the presence of three or more of these factors that indicate likely metastasis [6]. Metastases are more common with recurrence of a previously benign lesion spreading via lymphatic or hematogenous dissemination to

the lung, liver, bone and lymph nodes [7,4]. We report here on a rare case of GCT perianal recurrent and metastasis, with discuss the most therapeutic modalities described in the literature.

## Case Report

A 55-year-old woman presented with one year history of the presence of a painless mass on the anal region, on which diagnosis of GCT perianal is confirmed, patient has a surgical excision without radiotherapy or chemotherapy adjuvant. 4 years later, this patient arrived at a hospital with a painless mass on the anal region (Figure 1), the thoraco-abdominal and pelvic CT scan showing the presence

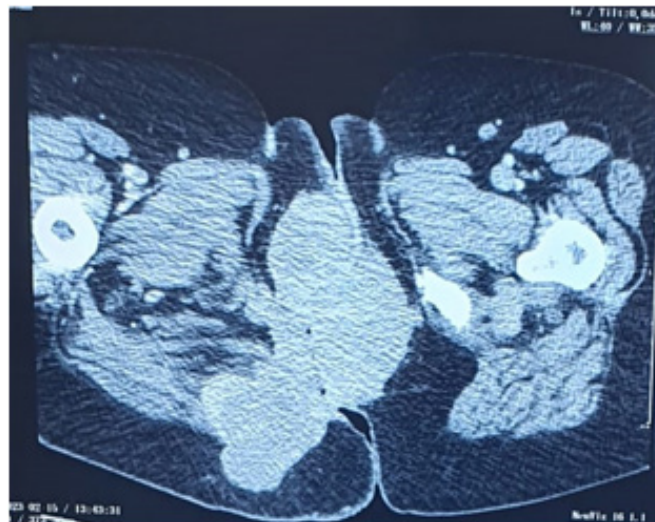


of a right anal and para-anal mass measuring 130\*81mm extended to the surrounding soft tissues and infiltrating the neighboring

muscular structures on the right side and the perineal and buttock skin (Figure 2) with pulmonary metastasis.



**Figure 1:** Locally advanced and necrotic mass in the anal region.



**Figure 2:** CT scan showing the presence of a right anal and para-anal mass measuring 130\*81mm extended to the surrounding soft tissues and infiltrating the neighbouring muscular structures on the right side and the perineal and buttock skin.

The patient benefited from a discharge stoma with a new biopsy of the mass confirming the diagnosis of GCT. Pathological examination of the biopsy specimen had revealed a diffuse proliferation of large cells. These cells have a polygonal oxyphilic granules and a regular hyperchromatic, often pyknotic nucleus. The tumoral stroma was essentially fibrous without an inflammatory infiltrate. No mitotic activity or necrosis was observed. The proliferation locally invades skeletal muscle. The cells have a PAS+ cytoplasm in histochemical study. On immunohistochemical study, tu-

mor cells were positive to CD68 and S100 protein. The patient had taxan-based chemotherapy, after six sessions, she progressed locally and remotely with increase in number and size of lung nodules of pulmonary metastasis, then referred to us at the Oncology Center in Nador (Morocco) for additional therapeutic care. The patient was treated with doxorubicin and ifosfamide chemotherapy, and after three sessions, a dissociated response with decreased anal mass and progression of pulmonary metastasis was observed (Figure 3).



**Figure 3:** Local response with disappearance of the para-anal mass after 3 courses of chemotherapy based on doxorubicin and ifosfamide.

The patient's medical record will be discussed in multidisciplinary consultation meeting for decision of the 3rd therapeutic line. All patient details have been de-identified, and the patient provided written informed consent for treatment and publication of this report.

## Discussion

Malignant Granular Cell Tumors (MGCTs) are extremely rare sarcomas with Schwannian differentiation [8]. The tumor may be located anywhere in the body, but perianal localization is quite rare [9]. Most of the published studies present cases with local recurrence, the presence of metastasis like ours is rarely described in the literature [10]. Although the etiology and histogenesis of GCT are not completely clear, they can still be characteristic. The current gold standard for the diagnosis of GCT is histopathological and immunohistochemical examination [11]. The histopathological manifestations of GCT are characterized by a neoplastic mass with unclear boundaries in the dermis and subcutaneous tissues, including large neoplastic cells with nests or cords, and eosinophilic granules.

Immunohistochemical tests often show positivity for NSE, S-100, and CD57, but some GCTs have been S-100-negative [12]. The expression of S-100 indicates that GCTs originated from Schwann cells in the neuroectoderm and expression of the macrophage marker CD68 contributes to the aggregation of lysosomes in the cytoplasm but does not reflect the origin of the tumor cells. This supports the hypothesis that GCT represents a non-specific degeneration process of mesenchymal cells via self-phagocytosis [5]. In the current case, the pathological results showed positive immunostaining for S-100 and CD68 supporting the diagnosis of a neurogenic tumor. Wide local excision is the gold standard treatment of local GCT [13,14]. Excision of affected lymph nodes is recommended in patients with lymphatic involvement [4]. The current clinical opinion is to treat the condition in line with the sarcoma-based protocol [15]. *Aksoy, et al.*, revealed in eleven patients that chemotherapy and/or radiation did not alter the disease survival or overall survival in patients with metastasis or recurrence [16]. We report on this Table 1 some clinical cases reported in the literature, and which had a medical treatment with a response in most cases (Table 1) [17-21].

**Table 1:** Summary of chemotherapy for advanced cases GCT found in the literature.

Ref	Primary Tumor Site	Treatment Modality
16	Larynx	5FU+Cisplatin Etoposide 50mg
17	Anterior abdominal	Doxorubicin and ifosfamide for 6 cycles Docetaxel single
18		Adriamycin
19	Cutaneous nodules on the peri-umbilical region	Gemcitabine Plus Paclitaxel
20	ELBOW	PAZOPANIB
	NECK	IFOSFAMID, CISPLATIN+ADRIAMYCIN
	THIGH	GEMCITABINE+DOCETAXEL, CYCLOPHOSPHAMIDE
	THIGH	IFOSFAMID+ADRIAMYCIN, PAZOPANIB
	THIGH	IFOSFAMID+ADRIAMYCIN
21	RIGHT	PAZOPANIB

Malignant GCT is believed to be an aggressive chemo refractory disease. Recently, Vatsala Katiyar and AL [22] reported a case of malignant GCT recurrent which pazopanib monotherapy achieved a response; this was like the experience recorded for pazopanib monotherapy in the other studies [21,22,23]. Pazopanib is an oral, small molecule inhibitor of vascular endothelial growth factor receptor 1, 2 and 3, platelet derived growth factor receptor  $\alpha$  and  $\beta$ , and c kit, which has shown single agent activity in patients with advanced soft tissue sarcomas [24,25] III study of pazopanib in advanced soft tissue sarcoma included one patient with a malignant GCT who experienced stable disease and tumor shrinkage [25].

## Conclusions

The rarity of MGCT makes it difficult to have set standard treatment protocols. Follow-up guidelines are needed, although annual follow-up is advised to rule out local recurrence or metastatic spread. Better characterization of the genetics and driver mutations can help tailor and personalize therapy for patients. Further studies are required to clearly identify the benefits of pazopanib and other chemotherapy regimens.

## Acknowledgements

None.

## Conflict of Interest

None.

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